



2018 Healthy Weight Reward Acceptable Professionals Recommended for Reward Measurements

One of our recommended professionals is required to perform and document your measurements. You may not submit measurements that you or a co-worker has documented. Below is a list of acceptable professionals that can document your measurements. Complete the top section of the [Healthy Weight Reward Form](#) and take it with you to your visit! *CHS LiveWELL cannot process measurements/forms without the correct six-digit employee ID number on the Healthy Weight Reward Form.*

Your Primary Care Physician (PCP) or OB/GYN

The best place and time to get your weight verified is during your annual Wellness/Prevention exam with your PCP or OB/GYN. **Don't have a PCP?** Call Carolinas HealthCare System "Find a Doctor" at 704-355-7500 and schedule your annual wellness visit today.

CHS LiveWELL Consultants

Contact the LiveWELL Consultant assigned to your facility for work-site events or hours. See the [Consultant list](#) or call the LiveWELL Main Office at 704-355-8136 for the closest contact for you.

CHS LiveWELL Office

801 East Blvd, Charlotte, NC 28203, Weigh in Monday-Thursday 4pm – 6pm; Fridays 9am – Noon.
Please access the building through the rear door, near the handicap parking space.

CHS On-Site Care Locations

Teammates may drop in at CHS On-Site Care locations for measurements on a first come, first serve basis. Healthy weight reward measurements can be completed with your Know Your Numbers (KYN) scheduled appointment, call 704 704-512-3971 to schedule a KYN appointment.

See the [CHS On-Site Care website](#) for addresses, phone numbers and hours of these locations

- Airport Center, Bldg P, Suite 300
- Carolinas Medical Center Annex
- CMC-NorthEast
- CMC-Pineville
- CMC-Union
- CMC-University
- CHS Stanly

CHS Teammate Health Locations

See the [Teammate Health website](#) for hours and locations. Call ahead to confirm availability.

CHS Cleveland T.R Harris Wellness Center:

201 East Grover Street, Shelby, NC 28150

Measurement hours: Tuesday 3:00pm-8:00pm & Thursday 5:30am-8am.

Sorry, no measurements can be completed during patient rehabilitation hours.

CHS NorthEast Wellness Center (formerly the Health and Fitness Institute)

1090 NorthEast Gateway Court, Suite 102, Concord, NC 28025: 704-403-9250.

Patients of Carolinas Weight Management and Carolinas Weight Loss Surgery

(or any physician-lead weight management practice/program)

Patients of the practice may have their weight documented by one of their providers.

Weight Loss Program Leaders If you are a member/participant in a program such as Weight Watchers, Curves, Jenny Craig, etc., you may have your program leader document measurements

Weekend Weigh-Ins!

Weekend weigh-ins are available at the CHS On-Site Care at Carolinas Medical Center-Annex.

Call 704-355-9345 for availability

Remote Locations

If your CHS work location is distant from any CHS hospital and you are having difficulty finding measurement options, contact [Kelly A. Campbell](#) (704-446-3057) or [Lauren Hatcher](#) (704-446-1816).