

# 2020 Challenge: Money Wise

Banking, savings, retirement contributions, shopping, meal planning, and benefits all can impact your financial health. Below you will see many of goals that can improve your financial health, one day at a time

**GOAL: Try to complete as many of the financial goals as you can (in any order)!**

<i>Check the cell when you complete the financial check option!</i>							
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Week total
<input type="checkbox"/> Track your spending for a month	<input type="checkbox"/> Login to your HSA account – invest when your balance reached \$1,000	<input type="checkbox"/> Contribute to emergency savings or start your account	<input type="checkbox"/> Schedule meeting with personal banker/ financial planner	<input type="checkbox"/> Follow financial accounts on social media	<input type="checkbox"/> Do your weekly meal planning & plan to pack your lunch	<input type="checkbox"/> Create a grocery list and stick to it	
<input type="checkbox"/> Target a “no spend” day once a week	<input type="checkbox"/> Find your LiveWELL Incentive on your paycheck	<input type="checkbox"/> Create a list of utility bills with due dates	<input type="checkbox"/> Contact service providers & ask about cheaper options	<input type="checkbox"/> Meet a friend at the park instead of dinner	<input type="checkbox"/> Involve your kids in the family finances	<input type="checkbox"/> Trade a brand name food for a store brand	
<input type="checkbox"/> Review your bank statement	<input type="checkbox"/> Sign into your retirement account through HRLink	<input type="checkbox"/> Turn on the annual auto increase feature for your 401(k) account	<input type="checkbox"/> Plan for summer vacation – budget now	<input type="checkbox"/> Login to SSA.gov to review your Social Security projections	<input type="checkbox"/> Determine the interest rates on all your loans	<input type="checkbox"/> Review your paycheck and deductions	
<input type="checkbox"/> Find a ‘want’ that you can do without	<input type="checkbox"/> Check your credit score	<input type="checkbox"/> Use shoppers discount cards and coupons	<input type="checkbox"/> Check your beneficiaries on all financial accounts	<input type="checkbox"/> Watch a Financial Health Webinar	<input type="checkbox"/> Create a Groupon or Living Social account to find discounts	<input type="checkbox"/> Make a monthly budget	

**GRAND TOTAL  
Financial Health  
Goals Completed:**

