

Education Support for Rehabilitation Care Teammates

ADVOCATE
HEALTH

Advocate Health is committed to supporting the growth of our Rehabilitation Care teammates. Through the Education Assistance Benefit, eligible teammates can access support for degrees, certifications, and continuing education to build skills and advance their careers in patient care.

Getting Started

**Clinical Certification
Direct Pay Program**

**Tuition & Continuing Education
Reimbursement**

InStride Upfront Tuition



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How It Works ▾ Programs ▾ Resources ▾

Get Started

INDIANA**TECH**
Health Care Management (MBA)

ASU Arizona State University
Nursing RN to BSN

CENTRAL
STATE UNIVERSITY
Business Administration (BS)

Career Training | edgogo
Medical Billing and Coding
Certificate

Career Training | edgogo
Spanish for Medical Professionals

INDIANA**TECH**
Health Information Technology
(AS)

What will you do with your free money for education?

Through Advocate Health's Education Assistance Benefit, you can access up to \$5,250 in free tuition or \$7,500 for select nursing programs, along with other options to grow your career.

Get Started

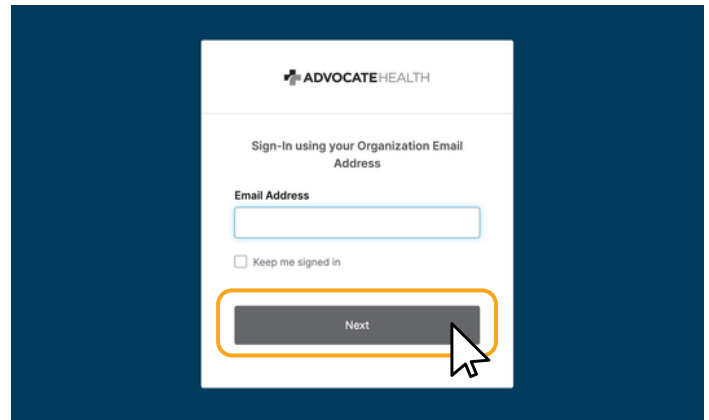
Getting Started is Easy!

To access either the **Clinical Certification Direct Pay Program**, **Tuition & Continuing Education Reimbursement** or **InStride Upfront Tuition**, you must first create your account.

Follow these steps to get started:

1

Visit **AdvocateHealth.InStride.com** and log in with your Advocate Health SSO.

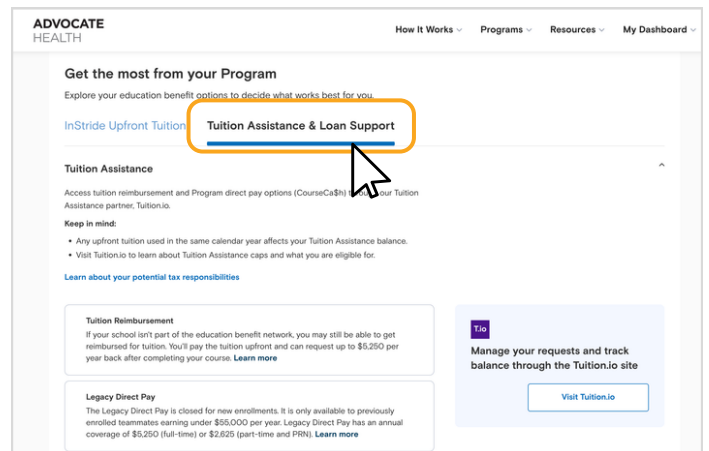


2

Answer the prompts to create your account and confirm your eligibility.

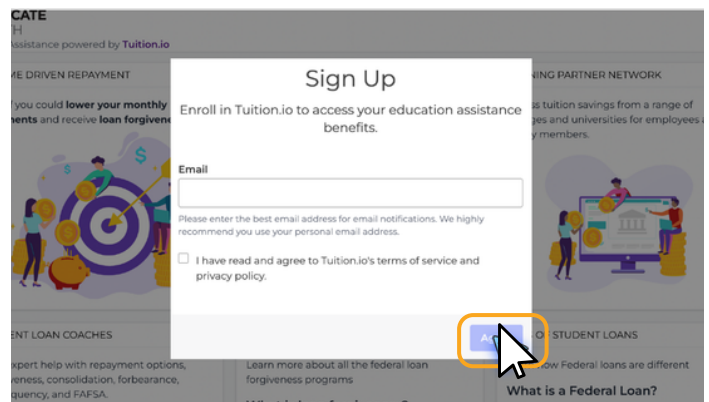
3

From your dashboard, select **Tuition Assistance & Loan Support**, then open **Tuition Assistance** and click **Visit T.io Tuition Assistance**.



4

Enter your email address, review and accept the terms and conditions, and click **Agree** to complete your account setup.





How it works

Prepaid digital funds issued through **CourseCa\$h™** for approved certification expenses.



Annual coverage

\$5,250 (FT) / \$2,625 (PT)



Who can use it

Full-time and part-time teammates
PRN, temporary, contract, and contingent teammates not eligible



What's covered

Certification exams, prep courses, and required study materials



Approved certifying bodies for Rehabilitation Care teammates:

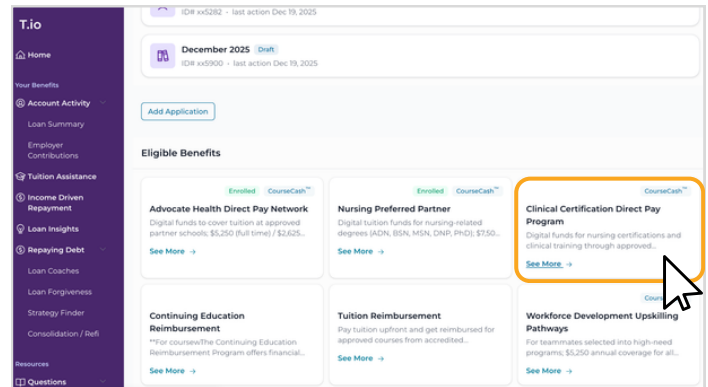
- APTA / ABPTS – Board Certification (Physical Therapy)
- AOTA / NBCOT – Occupational Therapy Certifications
- ASHA – Speech-Language Pathology & Audiology Certifications
- AAOMPT / FAAOMPT Fellowship Pathway (Accredited by ABPTRFE)
- Board of Certification for Athletic Trainers
- Evidence In Motion (EIM)
- Integrative Dry Needling (IDN)
- MAPS / NAIOMT Manual Therapy Certification
- Myopain Seminars
- Lymphedema Certification Bodies (LANA)
- Herman & Wallace Institute
- American Institute of Balance (AIB)
- Neuro-Developmental Treatment Association (NDTA)
- Swallowing & Sensory Integration

Applying for the Clinical Certification Direct Pay Program

To receive prepaid digital funds for your certification expenses, be sure to first log in to **AdvocateHealth.InStride.com** and go to your dashboard to visit **T.io Tuition Assistance**. Then, follow these steps:

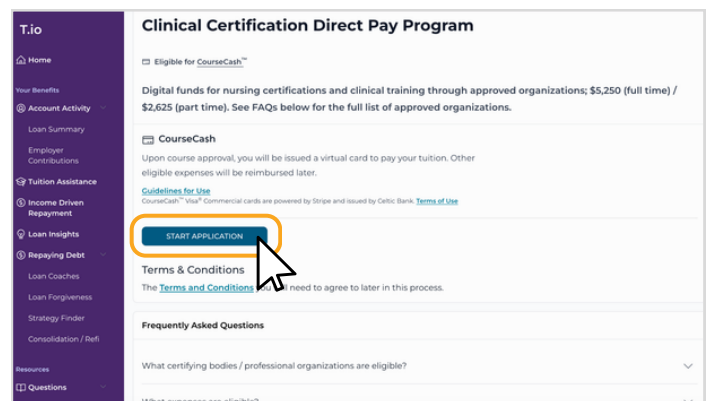
1

From the **Tuition.io** dashboard, select **Clinical Certification Direct Pay Program**.



2

Click **Start Application**.



3

Complete all required fields and click **Next**.

The screenshot shows the application form with various fields: Today's Date, Anticipated Exam Date, Application ID, Name, Email, Institution (Certifying Body / Professional Org) Name, Education Type, and Certification Name. A 'Next' button is highlighted with an orange box and a mouse cursor. On the right side, there is a progress bar with steps: Add Expense Items (3.5 min), Review & Submit (12 min), and Review & Submit (12 min).

4

Add your expense items by selecting **Add**. Once all items are entered, continue to the next step.

The screenshot shows the 'Add Expense Items' page. It has a sidebar on the left and a main content area. The main content area has a header 'Add Expense Items' and a sub-header 'Add your courses and expenses below. All items must fall within this education request.' Below this is a message 'No expense items have been added' and an 'Add Expense' button. There are also links for 'Attachments', 'Payment Type', and 'Review & Submit'. On the right side, there is a form for 'Expense Items' with fields for Course Information, Certification Name, Course Credit, Tuition, and Tuition or exam fees. There is also a 'Select Tuition Payment Method' section with radio buttons for 'Course Cash Payment Method' and 'Reimbursement Payment Method'. At the bottom, there is a 'Cardholder Profile' section with a 'Cardholder Profile' button highlighted by an orange box and a mouse cursor.

5

Upload your itemized invoice and click **Next**.

6

Select **CourseCash** as your payment method to receive your digital card, then click **Next**.

7

Review your application, accept the terms and conditions, and click **Submit Application**.

8

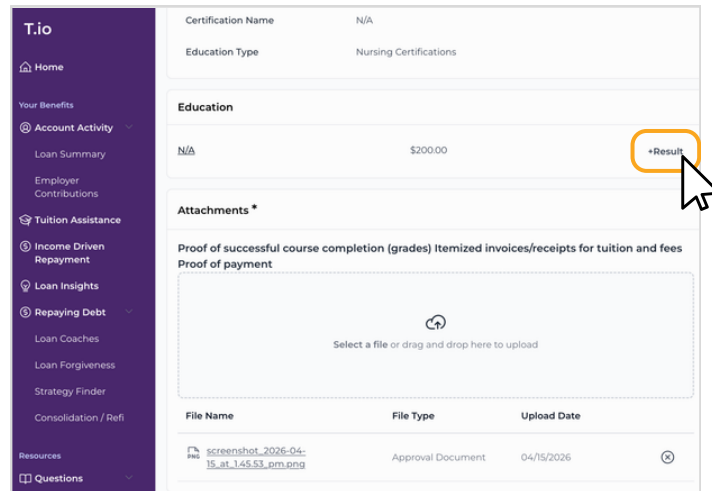
Once your application is approved, you will receive an email notification. Your digital funds card will also appear on your dashboard. You can then start paying for your tuition with your digital card.

Closing Out Your Application

After completing your certification, you must submit documentation to finalize your application.

- 1 Go to your Tuition.io dashboard and locate your **Clinical Certification Direct Pay Program** application.

- 2 Under **Education**, click **+Result** and enter your final grade.

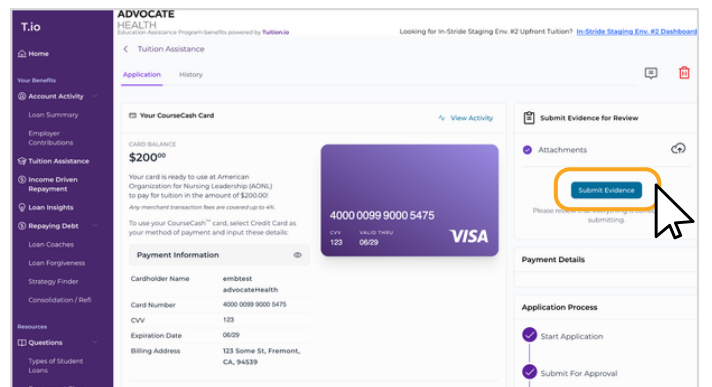


The screenshot shows the Tuition.io dashboard. On the left is a purple sidebar with navigation links: Home, Your Benefits, Account Activity (selected), Tuition Assistance, Repaying Debt, and Resources. The main content area has a header with 'Certification Name: N/A' and 'Education Type: Nursing Certifications'. Below this is the 'Education' section, which includes a table with columns 'File Name', 'File Type', and 'Upload Date'. A '+Result' button is highlighted with an orange box and a mouse cursor. Below the table is a section for 'Attachments *' with a 'Proof of successful course completion (grades) Itemized invoices/receipts for tuition and fees Proof of payment' section. A file named 'screenshot_2026-04-15_at_14553_pm.png' is listed with a file type of 'Approval Document' and an upload date of '04/15/2026'.

Upload the required documentation, including:

- 3
 - Proof of course completion (grades or transcript)
 - Itemized invoices or receipts
 - Proof of payment

- 4 Click **Submit Evidence**. Once your documents are reviewed and approved, your application will be marked as complete.



The screenshot shows the Tuition.io dashboard with the 'ADVOCATE' header. The main content area displays 'Your CourseCash Card' with a balance of '\$200.00'. Below this is a 'Payment Information' section with fields for Cardholder Name, Card Number, CVV, Expiration Date, and Billing Address. A 'Submit Evidence' button is highlighted with an orange box and a mouse cursor. The right sidebar shows 'Submit Evidence for Review' with a 'Submit Evidence' button. Below this is a 'Payment Details' section and an 'Application Process' section with steps: Start Application and Submit For Approval.

Need Help?

If you need assistance at any point, support is available:

- **Email:** support@instride.com
- **Chat:** Available within the platform

Phone: 1-888-919-5653 (*Personal Education Advisor*)

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How it works

You pay for your program and request reimbursement after course completion



Annual coverage

\$5,250 (FT) / \$2,625 (PT)



Who can use it

Full-time & Part-time teammates

PRN, temporary, contract & contingent teammates not eligible



What's covered

Qualified educational expenses, including tuition, fees and textbooks



Eligible institutions

Programs must be taken through regionally or nationally accredited institutions. Click [here](#) to learn more about your school of choice's accreditation.





How it works

You pay out of pocket and receive reimbursement after submitting documentation



Annual coverage

\$1,500 per year. Counts toward the overall annual benefit limit of \$5,250 (FT) / \$2,625 (PT)



Who can use it

Full-time, part-time, and PRN teammates



What's covered

Course fees, exam fees, registration; seminars, conferences, and workshops that provide CEU (including registration fees)



Approved certifying bodies

Rehabilitation continuing education does not have a single national accrediting authority. Instead, requirements are determined by individual state licensing boards for physical therapy, occupational therapy, and speech-language pathology professionals. Eligible courses typically include those approved by state boards, recognized professional associations (such as **APTA**, **AOTA**, and **ASHA**), or other board-accepted CE providers. Because requirements vary by state, clinicians should confirm course acceptance with their licensing board before enrolling.

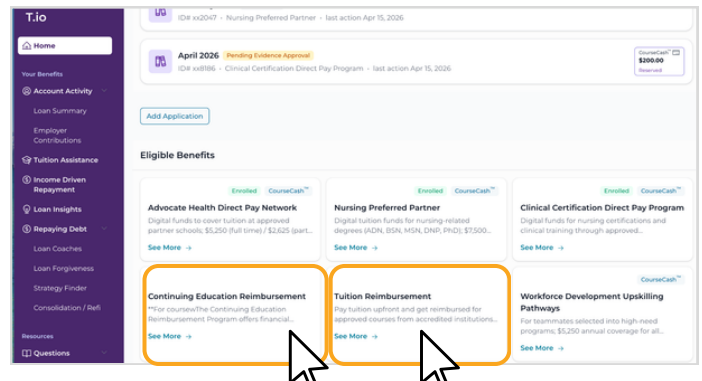


Applying for Tuition or Continuing Education Reimbursement

To receive reimbursement for your tuition or certification expenses, log in to AdvocateHealth.InStride.com and visit **T.io Tuition Assistance** from your dashboard. The application process is the same for both **Tuition Reimbursement** and **Continuing Education Reimbursement**. Just be sure to select the correct program before applying. Then, follow the steps below:

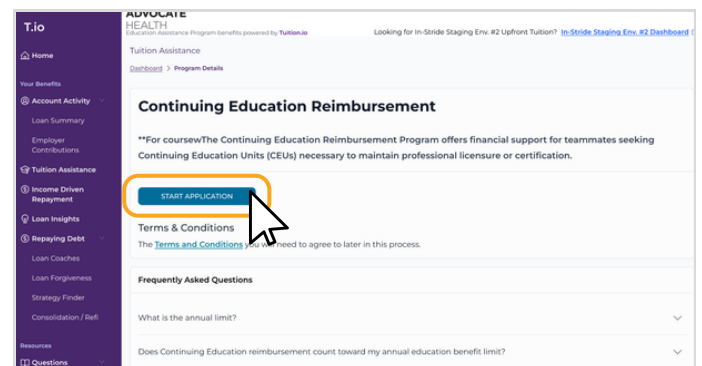
1

From the **Tuition.io** dashboard, select **Continuing Education Reimbursement** or **Tuition Reimbursement**.



2

Click **Start Application**.



3

Complete all required fields and click **Next**.

A screenshot of the application form. The left sidebar is the same. The form fields include: Application ID (192370160779276700), Name (emilbert.advocatehealth), Email (15_9098@preview.advocatehealth.com), Institution Name (a dropdown menu with 'Begin Typing to See Results...'), Education Type (a dropdown menu with 'Select an option'), Field of Study (a text input field), and Institution Name of Certifying Body (a text input field). At the bottom right, there is a 'Next' button highlighted with an orange border and a mouse cursor pointing to it.

4

Add your expense items by selecting **Add**.

A screenshot of the 'New Application' page. The left sidebar is the same. The main content area shows a progress bar with four steps: 1. Education Request, 2. Add Expense Items, 3. Attachments, and 4. Payment Type. The 'Add Expense Items' step is active. Below it, there is a table with columns for Course Information, Tuition, and Other Fees. The 'Add' button at the bottom right is highlighted with an orange border and a mouse cursor pointing to it.

5

You will be directed to the **Attachments** section. You may upload documents now if available, or return to upload them later.

6

Confirm your payment method as **Tuition Reimbursement**, then click **Next**.

7

Review your application, accept the terms and conditions, and click **Submit Application**.

Need Help?

If you need assistance at any point, support is available:

- **Email:** support@instride.com
- **Chat:** Available within the platform

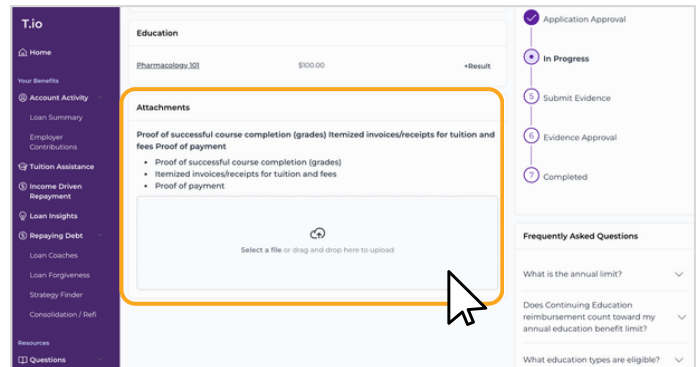
Phone: 1-888-919-5653 (*Personal Education Advisor*)

Submitting Your Documents for Reimbursement

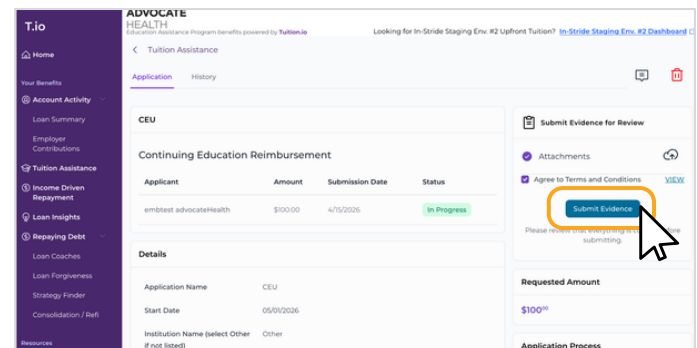
After completing your course or certification:

- 1 Return to your dashboard and open your application.
- 2 Under **Education**, click **+Result** and enter your final grade.

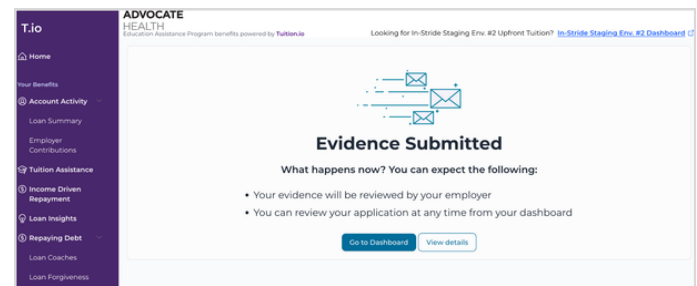
- 3 Go to **Attachments** and upload:
 - Transcript or proof of completion
 - Itemized invoice
 - Tuition or fee receipts



- 4 Accept the terms and conditions and click **Submit Evidence**.



- 5 You will receive an email once your documents are reviewed and approved. At that point, your application will be complete.



Need Help?

If you need assistance at any point, support is available:

- **Email:** support@instride.com
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Phone: 1-888-919-5653 (*Personal Education Advisor*)

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How it works

Through InStride's academic network, tuition is paid directly to the school for approved programs. No upfront cost and no reimbursement step required.



Annual coverage

Full-time teammates: up to \$5,250 per year;
Franklin University nursing programs: up to \$7,500 per year

Part-time teammates: up to \$2,625 per year

PRN, temporary, contract, and contingent teammates not eligible



Who can use it

Full-time and part-time teammates

PRN, temporary, contract, and contingent teammates not eligible



What's covered

Tuition, plus eligible books and application fees. Coverage use is tracked by date of payment by Advocate Health.



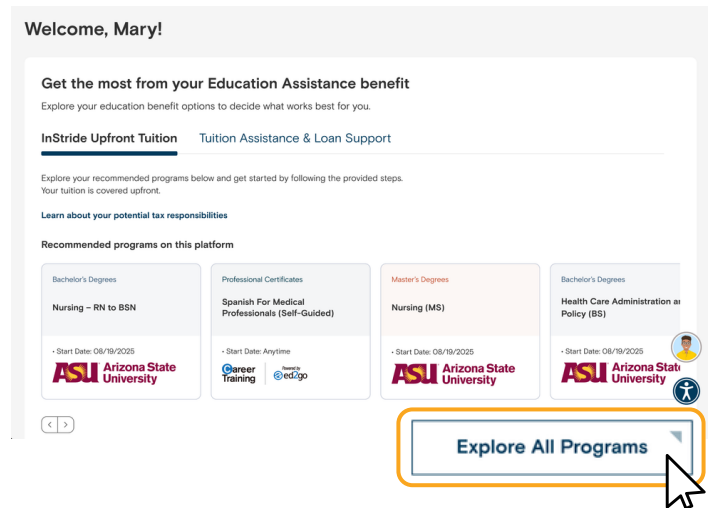
Enroll in InStride Upfront Tuition

With InStride Upfront Tuition, Advocate Health pays tuition directly to your school, making it easier to focus on your education and career goals.

To get started:

1

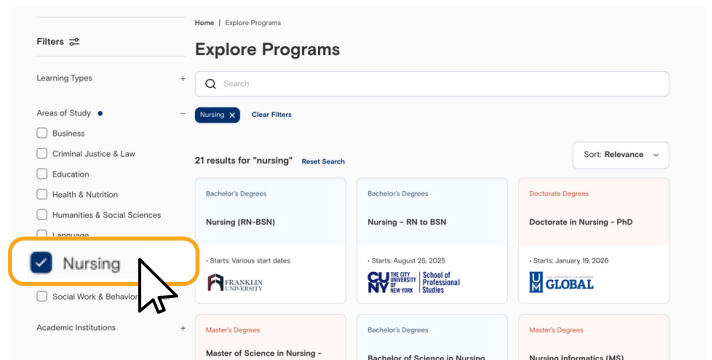
From your benefit program dashboard, click **Explore All Programs**.



2

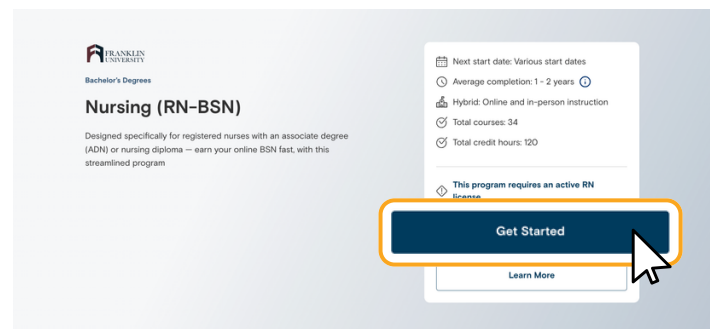
Use filters to find a program based on:

- Learning type (e.g., undergraduate or graduate studies, certificate, short course)
- Area of study
- Academic institution



3

If you're interested in a **degree program**, click on the program and then **Get Started** to request more information. An academic advisor will contact you with next steps.



4

For **short courses or certificates**, you can **enroll and start your course right away**.

