

Advance Your Career in Nursing with InStride Upfront Tuition

ADVOCATE
HEALTH

How the program works

Enroll in nursing degree or certificate programs through InStride's partner schools. Tuition is paid directly to the school, so there's no need to wait for approval or submit for reimbursement.

Programs include RN to BSN, MSN, Nursing Leadership, PhD, and more.

Annual coverage

- Full-time teammates: up to \$5,250 per year; Franklin University nursing programs: up to \$7,500 per year
- Part-time teammates: up to \$2,625 per year
- PRN, temporary, contract, and contingent teammates not eligible



Use this guide to:

1. [Create your account for InStride Upfront Tuition](#)
2. [Enroll in eligible nursing programs with Upfront Tuition coverage](#)
3. [Get support every step of the way of your education journey.](#)

ADVOCATE
HEALTH

How It Works ▾ Programs ▾ Resources ▾

Get Started

INDIANA TECH
Health Care Management (MBA)

ASU Arizona State University
Nursing RN to BSN

CENTRAL STATE UNIVERSITY
Business Administration (BS)

Career Training edgogo
Medical Billing and Coding Certificate

Career Training edgogo
Spanish for Medical Professionals

INDIANA TECH
Health Information Technology (AS)

What will you do with your free money for education?

Through Advocate Health's Education Assistance Benefit, you can access up to \$5,250 in free tuition or \$7,500 for select nursing programs, along with other options to grow your career.

Get Started

Getting Started: Activating Your Education Assistance Benefit

Follow these steps to activate your Education Assistance Benefit:

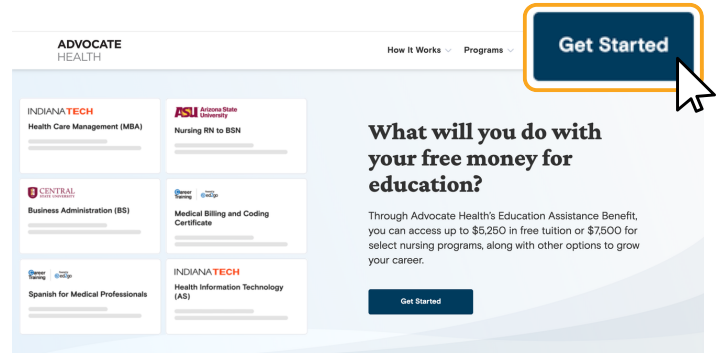
1

Go to
AdvocateHealth.InStride.com.



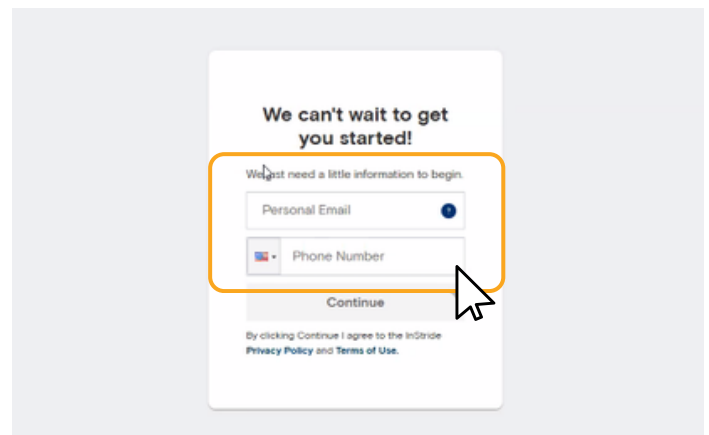
2

Click **Get Started**.



3

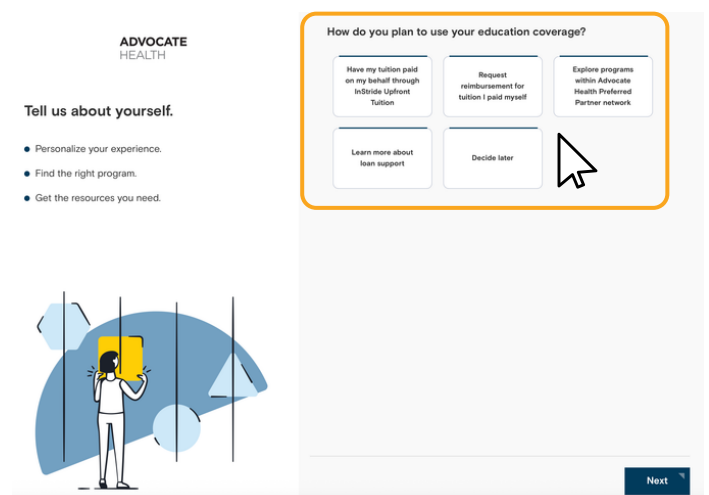
Log in using your **Advocate Health Single Sign-On (SSO)**.



4

Answer a few questions to
personalize your education
recommendations.

Once you have activated your account and confirmed eligibility, you will see your personalized dashboard where you can explore programs and funding options.



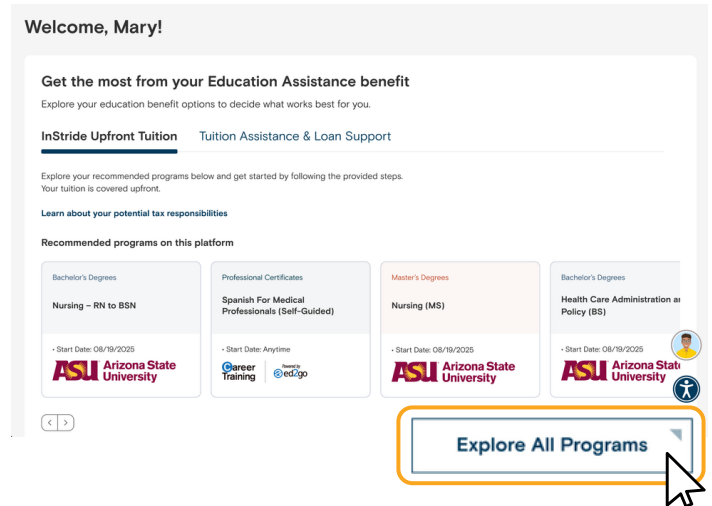
Enroll in InStride Upfront Tuition

With InStride Upfront Tuition, Advocate Health pays tuition directly to your school, making it easier to focus on your education and career goals.

To get started:

1

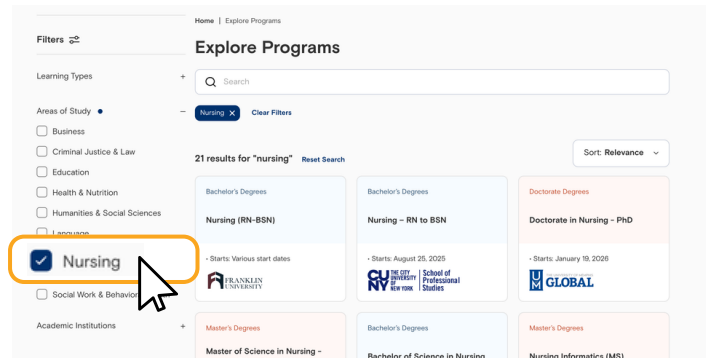
From your benefit program dashboard, click **Explore All Programs**.



2

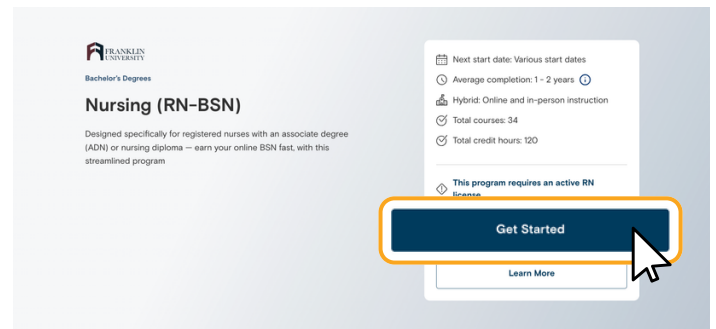
Use filters to find a program based on:

- Learning type (e.g., undergraduate or graduate studies, certificate, short course)
- Area of study
- Academic institution



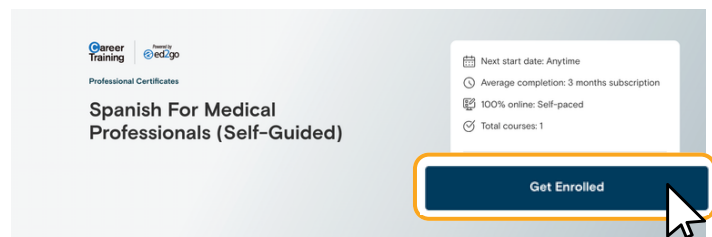
3

If you're interested in a **degree program**, click on the program and then **Get Started** to request more information. An academic advisor will contact you with next steps.



4

For **short courses or certificates**, you can **enroll directly** and start your course right away.



Teammate Glossary

Education Assistance Benefit

Advocate Health's education benefit, offered in partnership with InStride, that helps cover the cost of learning programs so teammates can grow their skills and careers.

Eligibility

Full-time, part-time, and PRN teammates may qualify. Eligibility depends on the program.

InStride Upfront Tuition

Through InStride's academic network, tuition is paid directly to the school for approved programs. No upfront cost and no reimbursement step.

Tuition Reimbursement

You pay for an approved, accredited program first, then get reimbursed after successful completion.

Continuing Education Reimbursement (CEU)

You pay for eligible continuing education (such as certifications or CEUs) and submit for reimbursement after completion.

CourseCa\$h™

Funds provided by Advocate Health through a digital card that can be used toward tuition at approved partner schools and programs. Tuition is paid with the card, while some books and fees may require reimbursement.

CourseCa\$h™ Programs

Program options available under CourseCa\$h™, including Workforce Development Upskilling Pathways, Advocate Health Direct Pay Network, Nursing Preferred Partner Program, Clinical Certification Direct Pay Program, and Legacy Direct Pay (closed to new enrollments).

Coverage Limits

The maximum amount covered each year. Most programs follow standard limits, with some (like nursing programs) offering higher coverage.

Teammate Glossary

Employment Requirement

You must remain employed with Advocate Health for 12 months after tuition is paid.

InStride & Tuition.io (TIO)

The platforms used to access and manage your education benefit.

- **InStride:** Your starting point for the Education Assistance Benefit, including access to Upfront Tuition programs and benefit tracking.
- **Tuition.io (TIO):** Used to manage CourseCa\$h™, Tuition Reimbursement, Student Loan Repayment, and CEU assistance, including applications, documentation, and benefit tracking.

\$5,250 Cap

Up to \$5,250 per year in education assistance is tax-free. Amounts over this limit may be taxed and reported on your W-2.

Resources

How to Keep Using Your Benefit With Our New Options

This article explains how to continue using your education benefit under the updated program options.

Guide to New Programs and Schools

Overview of new available programs and partner schools.

Need help?

You can connect with a support specialist in the following ways:

- **Email:** Support@InStride.com
- **Phone:** 1-888-919-5653
- **Live support hours:**
 - Monday–Friday: 8:30 a.m.–8:30 p.m. ET
 - Saturday: 8:30 a.m.–5:00 p.m. ET

Hi there 🙌

How can we help out today?

