



Carolinas HealthCare System

Your Health
and Retirement
at CHS

Did YOU Know?

Your Benefits Online

Teammates,

Carolinas HealthCare System manages the CHS LiveWELL Health Plan. We have resources to help you be a good healthcare consumer and know where to go for information to make good healthcare decisions.

Your first stop for questions about the CHS LiveWELL Health Plan should be healthandretirement.carolinashealthcare.org. This website can be accessed anytime, anywhere, on any device – even when you are not using a CHS internet connection.

Detailed information to help you manage your personal health care can be found here:

- **CHS Cost Estimator Tool powered by Castlight** – A tool to help you find quality information about providers and cost estimates for healthcare services and prescriptions. Visit mycastlight.com/carolinashealthcare to register
- **Bank of America** - Our external administrator for spending accounts. Through your Bank of America online account, you may view your HSA and other spending account balances, invest HSA funds and access educational materials about your HSA. Visit bankofamerica.com/benefitslogin to register your account or call 866-731-4206
- **MedCost** - Our external administrator for the CHS LiveWELL Health Plan. Through your MedCost online account, you may view your claims activity, see how much you've paid toward your deductible and find an in-network provider. Visit medcost.com to register your account or call 800-795-1023

Please know, I encourage you to establish your accounts with the websites referenced above and become familiar with the information available to help you manage your healthcare.

Should you have any questions, CHS Benefits Administration, 704-631-0263, is available to assist you.

Be well,



Debra Plousha Moore

System Chief of Staff

Executive Vice President

Together, let's prepare for today and plan for the future.

To learn more about Your Health and Retirement at CHS, please visit:

healthandretirement.carolinashealthcare.org