



Carolinan HealthCare System

Your Health  
and Retirement  
at CHS

# Did YOU Know?

## *Empower Retirement Webinars*

Teammates,

Many of you have participated in educational classes and accessed the tools and information available to help you better understand how to plan for your retirement.

I am pleased to share that, recently, we have added [Empower Retirement Webinars](#) to our class list. The webinars include information about:

- How to maximize the CHS 401(k) Plan
- How to use the tools and resources available through the [Empower Retirement website](#)
- The 12/31/2017 pension transition

To register for a webinar session or in-person class, visit the [CHS LiveWELL Total Health Portal](#):

- Use your CHS Username and Password to sign in
- On your Dashboard, find the Financial Health box
- Choose the 'live classes' option and search by either topic or location

If you have questions about registration, email [LiveWELLEvents@CarolinanHealthCare.org](mailto:LiveWELLEvents@CarolinanHealthCare.org) or call 704-355-8136.

You may earn your \$100 CHS LiveWELL Financial Health Incentive by attending a webinar.

Please know, I hope you will attend the [“Plan Your Route to Retirement” 4.01K Walk & Retirement Fair](#) on September 30, 2017.

Enjoy a wonderful week.



**Debra Plousha Moore**

System Chief of Staff

Executive Vice President

*Together, let's prepare for today and plan for the future.*

To learn more about Your Health and Retirement at CHS, please visit:  
[healthandretirement.carolinashealthcare.org](http://healthandretirement.carolinashealthcare.org)