

ADVOCATE HEALTH

2026 Precertification List



Your Role Matters

You play a vital role in helping members get quality health care when and where they need it. The Meritain Health® Medical Management Program supports you in delivering the right care while helping members avoid unnecessary costs.

Important: The procedures listed below require precertification.

Submit Your Request and Clinical Information

- Online: <https://meritain.mednecessity.com/>
- Fax: **1.855.350.1865**
- Phone: **1.833.713.0231**

All Inpatient Admissions

- Acute
- Long-term acute care
- Rehabilitation facility
- Mental health/substance use disorder
- Obstetric (only required if days exceed Federal mandate)
- Residential treatment facility
- Transplant (excluding cornea)
- Skilled nursing facility

Transportation

- Non-emergent air ambulance

Outpatient and Physician: Surgery

- Back surgeries
- Osteochondral allograft, knee
- Hysterectomy (including prophylactic)
- Autologous chondrocyte implantation, carticel
- Transplant (excluding cornea)
- Balloon sinuplasty
- Sleep apnea related surgeries, limited to:
 - Radiofrequency ablation (coblation, somnoplasty)
 - Uvulopalatopharyngoplasty (UPPP), including laser-assisted procedures

Outpatient and Physician: Diagnostic Services

- PET (including SPECT)
- Capsule endoscopy
- Genetic testing, including BRCA

Outpatient and Physician: Continuing Care Services

- Chemotherapy
- Radiation therapy
- Oncology and transplant related injections, infusions and treatments (e.g., CAR-T, endocrine and immunotherapy), excluding supportive drugs (e.g., antiemetic and antihistamine)
- Gene Therapies
- Hyperbaric oxygen therapy
- Home healthcare*
- Durable Medical Equipment (DME), limited to electric/motorized scooters or wheelchairs and pneumatic compression devices.

*The above precertification requirements do not apply to Advocate Health providers.

Outpatient and Physician: Potentially Cosmetic Procedures

- Abdominoplasty
- Blepharoplasty
- Facial Skin Lesions (Photo Therapy, Laser Therapy - excluding MOHS)
- Hernia Repair, abdominal and incisional (only when associated with a cosmetic procedure)
- IDET (thermal intradiscal procedures)
- Liposuction/Lipectomy
- Mammoplasty, augmentation, and reduction (including removal of implant)
- Mastectomy (including gynecomastia and prophylactic)
- Morbid Obesity Procedures
- Orthognathic Procedures (e.g., Genioplasty, LeFort osteotomy, Mandibular ORIF, TMJ)
- Otoplasty
- Panniculectomy
- Rhinoplasty
- Rhytidectomy
- Scar Revisions
- Septoplasty
- Varicose Vein Surgery/Sclerotherapy

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Injectable/Infusion Drugs

- Injectable drugs and infusion therapies (excluding acute oncology)— managed by Advocate Managed Health

Prenotification

Prenotification is used to inform the Medical Management program of upcoming services. It is a data-entry process and does not require judgment or interpretation for medical necessity. Prenotification begins with a phone call initiated by you (the provider) or by a patient or their authorized representative. There are no reductions of benefits or penalties if prenotification is not performed.

- Biopsies (excluding skin)
- Creation and revision of arteriovenous fistula or vessel-to-vessel cannula for dialysis treatment delivery
- CT for non-orthopedic
- Dialysis
- MRI for non-orthopedic
- Obstetric - prenotification only (precertification only required if days exceed Federal mandate)
- Oophorectomy: unilateral and bilateral
- Open prostatectomy
- Thyroidectomy, partial or complete
- Transplant Evaluation (excluding cornea)
- Vascular access devices/ports for chemotherapy delivery

To precertify a service, please call us at 1.833.713.0231 beginning 12/1/2025.

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