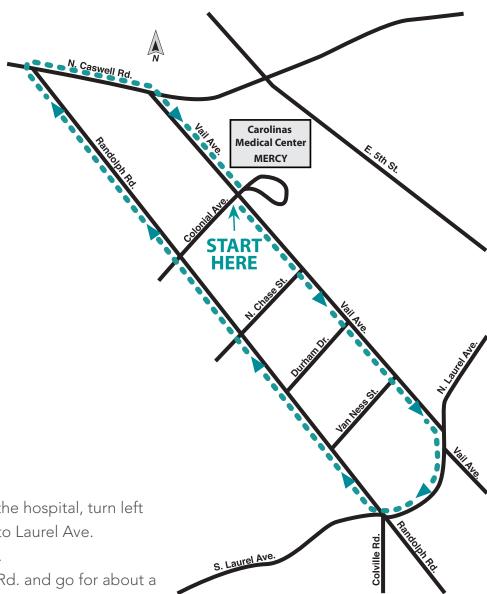




Loop around Carolinas Medical Center - Mercy Route 2



1.2 MILE WALK

- Leaving the front door of the hospital, turn left on Vail Ave. and proceed to Laurel Ave.
- Take a right on Laurel Ave.
- Take a right on Randolph Rd. and go for about a half mile
- Take a right on Caswell Rd. at the stoplight
- Take a right back onto Vail Ave. to end up where you started at the front entrance of the hospital