



Partners in Health with Carolinas HealthCare System

Carolinas HealthCare System and the Cannon Y have partnered to bring CHS employees an opportunity to improve their health and wellness!

How to get started...

- Carolinas HealthCare System employees may visit any Cannon Y facility (Kannapolis, West Cabarrus, or Harrisburg Branch) & present their employee badge to receive their **discounted Corporate Partner monthly rate, the first month free, and the joining fee waived**. *Provided no applicable free one-month promotions were given in the past.

Q & A:

- **What is the Cannon Y Corporate Partner rate for CHS employees?**
 - West Cabarrus Branch rate is \$50.15/month (membership at this branch is also considered “branch plus,” which will give employees access to all 3 branches)
 - Kannapolis Branch-only rate is \$43.35/month
 - Harrisburg Branch-only rate is \$34.85/month
- **Is this opportunity for individuals, or does it include families?**

Yes, a CHS employee can upgrade to a family membership & also receive the 15% discount. To receive the discount, a CHS employee must be included on the membership.
- **When can I join?**

You may join and cancel at any time (there are no contracts).
- **Do these rates apply for all Ys?**

These rates apply for the West Cabarrus, Kannapolis, and Harrisburg branches of the Cannon Y. Greater Charlotte Ys have “My Y Pricing” for CHS employees –you will need to contact your preferred branch of the Y for more information.

Cannon YMCA Contact: Lenora Adams-Tibbs, Membership Enhancement Director
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CHS LiveWELL Contact: Suzanne Bird, Wellness Consultant
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